

## Volunteer Role Description

**Role title:** Food Champion

**Location:** As part of the Northfield Ecocentre the role will be at locations across South Birmingham.

**Hours of Work:** The main project times are Wednesdays and Thursdays 10-4.30pm. We also have a range of community events across the year (including weekends) which you could help to support.

**Reports to:** Community Food Growing Coordinator

Are you interested in developing your food, cooking and healthy eating skills? Have you got expertise and skills to share? Do you have some spare time to support others learn? Are you motivated, reliable and enthusiastic? If the answer to any of these is YES then this role at Northfield Ecocentre is for you. The role would suit someone who wants to learn more about healthy eating, apply their skills to support the development of others and who enjoys working with people of all ages and abilities.

### Main purpose of the role

An exciting opportunity is available to join the Move More Eat Well team at Northfield Ecocentre. We are looking to engage a number of Food Champions. These are volunteer roles. The role holder is responsible for working with the team at a variety of sites and projects across South Birmingham to assist in the teaching of basic cookery and healthy eating classes, maintaining equipment and helping to promote the Move More Eat Well programme. You could even take the skills back to your community to help others. Full training and support will be given to enable the you to fulfil your role.

### Responsibilities

- 1.To assist in the teaching of basic cookery classes and healthy eating sessions.
- 2.To assist in the preparation of food and follow food hygiene regulations. Using and maintaining equipment.
- 3.Work with other volunteers and support others in a learning environment.
- 4.To help promote the Move More, Eat Well community food programme.

### Personal qualities

You must be motivated, reliable and enthusiastic and have some interest in healthy eating, food preparation and cooking. The role would suit someone who wants to learn more about healthy eating, apply their skills to support the development of others and who enjoys working with people of all ages and abilities.

**We are particularly keen to engage people from the wards of Longbridge, Cofton, Northfield, Rubery North and Rubery South.**

### Benefits to you

You will get the opportunity to gain experience of healthy food options, basic cooking

techniques and food hygiene. There is also the opportunity to work as a team and develop skills in teaching others. You will gain an understanding in health and safety within the working environment. You can get a reference after one month of volunteering with us. We can also refund your travel costs.

### **What is required?**

We are asking for a minimum of four hours per week. The main project times are Wednesdays and Thursdays 10-4:30pm though we are open to and may require other hours to support the project. We also have a range of community events across the year (including weekends) which you could help to support. To start as soon as possible.

### **Any special conditions**

This role will require a DBS check.

There will be the opportunity to volunteer at other community events at other times during the week including weekends though this is not a requirement of the role.

### **Application Process**

After reading the role description please apply via email or letter with an accompanying CV (in PDF or Word format) to [jackie@northfieldecocentre.com](mailto:jackie@northfieldecocentre.com) or Northfield Ecocentre, 53 Church Rd, Northfield, Birmingham B31 2LB

You can find out more about the project here: [www.movemoreeatwell.com](http://www.movemoreeatwell.com)

If you have any questions please email us or call Jackie or Anne on 0121 448 0119